

Gemini

HEALTH & BEAUTY CENTRE



Opening Times

Monday	11am-7.00pm	Tuesday	11am-7.00pm
Wednesday	10am-3.00pm	Thursday	10am-7.00pm
Friday	10am-6.00pm	Saturday	10am-4.00pm

Telephone: 01922 684878

www.geminihealthandbeauty.co.uk

WAXING

Full leg wax	£20.00
Full leg & bikini wax	£25.00
3/4 leg wax	£16.50
1/2 leg wax	£15.00
Bikini wax	£11.00
Hollywood bikini wax	£29.95
Brazilian bikini wax	£24.95
Playboy bikini wax	£32.50
Back wax	£21.00
Forearm wax	£12.00
Brow wax/shape	£6.50
Lip wax	£6.50
Lip & chin wax	£10.00

EPIL PRO

It harnesses the power sound of energy which travels precisely down the hair shaft striking and degenerating the papillary cells at the root without any damage to the surrounding skin.

Any hair and skin colour. eg dark hair and dark skin, or fair, grey or red hair.

Chin £15 Upper Lip £15 Lip and chin £20

MANICURE BAR

Give your hands the TLC they deserve	
Heat and nourishing manicure	£30
Bespoke Signature manicure	£25
Express manicure	£20
File buff and polish	£12.50
Nail Art	£10

THREADING

Brows	£8.00	Lip	£8.00
Chin	£8.00	Sides of face	£8.00
Whole face ...	£20.00		
<i>(Chin/sides of face/lip/brows)</i>			

TINTING

Patch test is required 48 hours before any tinting treatment.

Lash Tint	£9.75	Brow Tint	£7.95
Brow Tint & Shape	£12.95		
Brow Tint & Lash Tint ...	£12.95		

EYE PACKAGE £16.95
(Lash tint, brow tint & brow shape)

NAIL SERVICES

Tip & Dip Clear or French Tips	£32.95	Tip & Dip clear Tips with Shellac polish	£45.00		
Tip & Dip Infills	£21.50	Nail Repair	£3.50	Soak off service	£7
Soak off service & manicure	£15				

WEEK ENDERS

False nail application with choice of polish application £20

PEDICURE BAR

Give your feet the TLC they deserve	
Heat and Nourishing Pedicure	£30
Bespoke Signature Pedicure	£25
Express Pedicure	£20
File buff and polish	£12.50
Nail Art	£10

CND SHELLAC GEL POLISH

CND Shellac Polish Hands	£23.00	with soak off	£26.00
CND Shellac Polish Toes	£20.00	with soak off	£23.00
Hands & feet together	£40.00	with soak off	£45.00

Facial Therapy

We only believe in using the most natural, caring and organic skin care products, you can be assured our products do not contain any harsh ingredients or nasty preservatives. Gemini offer **FREE SKIN HEALTH CHECKS**, why not call the team to book in, we can then design a bespoke skincare programme for your skins needs.

BESPOKE PRESCRIPTIVE FACIAL £39.95 (45 minutes)

Your therapist will perform a skin health check, deep cleanse, exfoliation, massage to face neck & shoulders, finishes with application of a treatment mask for your skins needs.

Sensitive oatmeal facial ~ Hydrating gel mask Deep cleansing Clay mask ~ Steam Treatment

MAXI FACE LIFT £39.95 (45 minutes)

The Maxi Lift Face Lift is based on six acclaimed exercise techniques in conjunction with Natural Elements' scientifically based, natural anti-ageing products from their 10 Years Younger range, delivering profound results.

The exercises lift muscles in the **face, eye and neck areas** while the facial oils and accompanying creams penetrate deep into the dermis. Results are immediate and dramatic, hydrating parched skin, smoothing fine lines and reducing the appearance of premature ageing. Upgrade: Why not add a back massage for **£10**

Holistic ~ Balancing ~ Revital ~ Up lifting

LUXURY FACIAL £49.95 (55 minutes)

Our classic luxury facial will help turn back the signs of premature ageing.

Your treatment begins with a relaxing hot stone back massage to encourage relaxation, your therapist will then perform a bespoke prescriptive facial for your skins needs.

To include a relaxing neck and shoulder massage using aromatherapy pre blended oils.

THE LIFT & LED LIGHT THERAPY £35.00 (30 minutes)

This 2 step facial is a great facial for that special occasion, you will feel it tightening and recontouring your facial contours. Includes a relaxing neck and shoulder massage using pre blended aromatherapy oils. Course of 3 **£95.00**

NATURAL LIFT HOT & COLD STONE FACIAL £39.95 (40 minutes)

With hot and cold massage stones, this facial is sure to relax and reduce stress in your neck, shoulders and your mind. Hot stones will be placed around your shoulders using gentle sweeping moves sure to place you in to a state of relaxation. Cold stones will be used on facial contours to detox, sooth and calm the most delicate of skins, boosting cell renewal. This facial includes a double cleanse, finishing with hydration treatment.

FREEZE DRIED COLLAGEN FACIAL £55.00 (55 minutes)

The ultimate in hydrating and nourishing treatment with the added effects of the most advanced toning and facial lifting massage. Includes a relaxing hot stone back massage. Includes LED light therapy and microdermabrasion.

MICRODERMABRASION FACIAL £39.95 (30 minutes)

A deep exfoliating facial using aluminium oxide crystals jetted at the skin to create a smooth, renewed and refreshed complexion. Upgrade your facial:

Add LED Light Therapy £5 Course of 3 for £100

BESPOKE MC FACIAL THERAPY £39.95 (45 minutes)

Using micro current technology to lift and re contour your facial muscles, you will see and feel a difference after just 1 facial but a course is recommended. Includes a deep cleanse, flash exfoliation and a relaxing neck and shoulder massage. Your therapist can bespoke your facial by adding **LED Light Therapy ~ BIO Gold MC ~ Integra MC ~ Galvanic Spa**

Course of 3 £100 Course of 6 £195

COOLING & SOOTHING EYES £29.95 (30 minutes)

Your therapist will cleanse and lightly buff your skin, following with a acupressure eye lift massage, or why not ask for MC eye lift prior to the application of collagen eye mask, your eyes will get the delicate TLC they deserve and an instant BROW LIFT.

Upgrade: Why not add a back massage for £10

MASSAGE THERAPY

Your therapist will stretch and warm up your muscles to ease away any ache pains or most importantly loosen those tight muscles. You can choose what pressure you best prefer for your massage from light pressures for a nice relaxing back massage to a deep tissue massage to ensure that muscle tension is eased. After your muscles have had a workout hot stones will be massaged to give warm soothing feel and the heat from the basalt stones will work to a much deeper level.

HOT STONE MASSAGE

Using warm basalt stones, this is sure to melt away tension and relieve tight tense muscles, great to boost the immune system and most of all out your body and mind into a state of deep relaxation. Hot Stone Back Neck and Shoulder Massage £30 (30minutes)

Hot Stone Back Neck and Shoulder Massage £40 (40minutes)

Hot Stone Back Neck and Shoulder Massage £45 (55 minutes)

HOT STONE FULL BODY MASSAGE

Ease away this aches and pains will a relaxing and warming full body massage, includes reflex foot massage, scalp massage and pressure point face massage.

..... £30 (30 Minutes) £45 (55 Minutes)

HYDROTHERM FACE UP TO MASSAGE

Hydrotherm is a very beneficial relaxing form of massage which is carried out with the client lying face up on two cushions that are filled with warm water, heated between 35-40 degrees. This way of massage is ideal for those clients who may find it uncomfortable lying on their front. **Bespoke 30 minutes** £32.50 **Bespoke Hour** £45

Back Massage ~ Neck & Shoulder ~ Head & Face Massage ~ Full Body Massage

SWEDISH MASSAGE

A deeper more hands on massage using stretching, kneading, hacking techniques to truly relax and release those stressed muscles of the back neck and shoulders.

Finished with a friction massage to encourage new oxygenated blood to not only repair muscle massage but to waken up the cells finished your massage.

Swedish Back Massage £26.50 (30 minutes)

Swedish Back Massage £36.50 (45 minutes)

The back can so often be a problem area for many of us. Acne breakouts are a common occurrence and can be both unsightly and affect our confidence, which is why at Gemini health and beauty choice of back treatments all offer a deep cleanse and exfoliation, extraction where necessary and include LED LIGHT to reduce redness and inflammation. Whatever your level of concern we have a treatment to suit you.

ULTIMATE BACK TREATMENT £30

A full back cleanse using hot towels and gentle steam, a thorough exfoliation and extractions. A deep relaxing massage and mask complete this perfect treatment for this problematic area.

Add LED light therapy £5 Add MD Microdermabrasion £10

REFLEXOLOGY

Reflexology is a form of complimentary medicines and involves a methodology treatment using massage to reflex areas found on the feet. Reflexology relieves stress and tension and has a deeply relaxing effect.

Approximately 7000 Nerves are stimulated by reflexology massage.

It improves waste removal and elimination.

It activates the body's self healing.

HYDROTHERM REFLEXOLOGY £45 (1 hour)

Lying on warm water filled cushions is sure to put you into a deep state of relaxation, and relax those aching muscles in your back by re aligning your spine.

FULL REFLEXOLOGY £35 (45 minutes)

Your therapist will steam towel your feet, then after a relaxing foot massage your Reflexology will begin to rebalance the mind body and soul.

Mini Rebalance Reflexology £25 (25 minutes)

Hand Reflexology £25 (30 minutes)

Head and scalp massage £19.95 (30 minutes)

EAR CANDLE THERAPY £28.95 (40minutes)

Ear candling involves a specially designed hollow candles being inserted just inside the ear canal. Having this treatment helps with the following

Headaches ~ Migraines ~ Hay Fever ~ Snoring ~ Compacted Ear Wax ~ Tinnitus ~ Sinusitis

Relaxation Packages

GEMINI BESPOKE HOUR £45 (1 hour)

Create your very own pamper hour. You can choose up to 3 treatments ~ **Head Massage**
Hot stone back massage ~ Relaxing facial ~ Pedicure ~ Reflexology ~ Steam Back Facial

HOLISTIC HOUR £45 (1 hour)

Your treatment will include head massage, Reflexology and hot stone back massage.
Giving balance back to the mind body and soul **Add Reiki £10**

RELAX & REVIVE £65 (90 minutes)

Create your very own pamper session can choose up to 4 treatments
Head massage ~ Hot stone back massage ~ Relaxing facial ~ Pedicure ~ Reflexology
Steam Back Facial ~ Ear candling ~ Dry Body Brushing & Scrub
Upgrade: why not add Steam & Sauna additional **£10**

AROMATHERAPY FACIAL & FULL BODY MASSAGE £65 (90 minutes)

Your face will be cleansed then follows will be a relaxing acupressure face neck and shoulder
massage, continuing to ease away those aches and pains with a full body massage with preblended
aromatherapy oils. Includes head massage and reflex foot massage. This is truly a well deserved
relaxing treat Upgrade: why not add Steam & Sauna additional **£10**

DRY BODY BRUSH & SCRUB **£30.00** (25 minutes)

Your skin will be cleansed, scrubbed, and left polished and hydrated, using only the most natural caring
products.

DRY BODY BRUSHING, EXFOLIATION & STEAM BODY WRAP **£40.00** (1 hour)

Your treatment will commence with a dry body brush and exfoliation, followed by application of detox
gel wrap, you will then be cocooned in bandages and then you will be seated in a prewarmed steam
cabin, to allow the detox to commence.

BESPOKE TURKISH BATHING **£40** (1 hour)

Your Turkish bathing experience will begin with a 10 minute steam session to deep cleanse your body,
followed by body brush and salt scrub with a soap massage, you will then return back to the steam tub
for a further 10 minutes. Following your steam treatment will then be a relaxing massage to back neck
and shoulders. You now have time on your own to relax for a further 10 minutes in a
traditional stove sauna. **Why not book with a friend and save 10%**

ANTI CELLULITE AROMATHERAPY TONING BODY WRAP **£40** (45 minutes)

Your therapist will begin by exfoliating with body polish gel buffing away dead surface cells and dry
body brushing to stimulate the area to be treated. You will also have application of cucumber body
mask to detoxify, the area will then be wrapped with cling film, you will then relax for up to 30 minutes,
completing with a firming body oil to refresh, firm and tone. **Thighs ~ Upper Arms ~ Tummy 3 for £100**
Course recommended and home use products to give even better ongoing results.

Body Wraps

UNIVERSAL CONTOUR CLASSIC BODY WRAP £65

Your Classic Body Wrap treatment comes with the guarantee that you will lose at least 6 inches or pay nothing. The combination of unique natural Classic Clay Solution and specialist body wrapping techniques are what make our Classic Body Wrap so successful. The clay solution draws out toxins whilst the wrapping technique actively compressing the soft fatty tissues. This creates an instant inch loss, firming and body sculpting effect.

To experience the full benefits of our Classic Body Wrap, we recommend course of 3 - 5 treatments taken at least 7-10 days apart.

Course of 3 **£150**

Silhouette Dermalift F16 will work amazing along side a course of UCW

UNIVERSAL CONTOUR EXPRESS BODY WRAP £30

Partial body wrap treatments that allow you to firm, tone and tighten a specific area of the body in just 35 minutes. Our warm natural mineral-rich clay is applied to your chosen area before your wrapped in bandages using our special wrapping technique. You will then relax while the treatment gets to work on your problem area.

(we don't offer our inch loss guarantee however inch loss is likely).

Course of 3 **£70**

***Anti Cellulite Wrap ~ Lifting Bust Wrap ~ Firming Arm Wrap
Toning Tummy Wrap ~ Sculpting Buttock Wrap***

COOLING BODY WRAP

Your therapist will wrap your problem area with pre soaked cryo bandages, great for clients holding water retention, or need a detox boost, cooling temperatures will be experienced.

Tummy Wrap £25 Thigh Wrap £25 Arm Wrap £20 Half Body £30

STEAM BODY WRAPS

Your therapist will massage body wrap gel to your problem areas, following with wrapping with bandages to give a slight compression to encourage detoxification, you will then relax in a pre warmed wooden steam tub, to relax, detox and destress.

Half Body **£35** Full Body **£40**

SILHOUETTE DERMALIFT F16

Using EMS technology to lift tone and re contour your problem areas, 20 minutes is all it takes. Book your session today, courses are recommended call for monthly offers.

Tummy Toner = 350 sit ups.

Single Area Session £24.95 Duo Area Session £29.95

Buy 4 get 1FREE (Tummy ~ Bum lift ~ Upper Arms ~ Thighs)

ST TROPEZ SPRAY TANNING

Full Body Tan £25 Leg Tan £15

Classic Mist ~ Dark Mist ~ Sensitive Mist ~ Express Tan

MAKE UP SERVICES

We can take the stress out of your wedding day by you allowing the Gemini team to perform a make over that will be truly natural and photogenic giving that flawless look, for more details on booking your wedding make up call the Gemini team on 01922 684878

We offer make up lessons if you are choosing to get married abroad starting from **£30 per person**

We do only use the highest end of make up at Gemini with a natural mineral base suitable for even the most sensitive of skins.

Make over **£40** Make over and trial application **£75**

Day Make Up ~ Evening make Up ~ Bridal ~ Prom Princess - call for packages

Hire the Gemini Team Workshops £30 per person ~ Why book a workshop at Gemini?

The Gemini team will make you and your guests feel at ease with welcome drinks on arrival and healthy snacks, before you take your seats to get educated and see demonstrations giving you hints and tips. Our workshops are available any day any time, what a great way to spend some well deserved time with your girlie friends catching up on the gossip and learning beauty tips.

Minimum of 4 per party to book a workshop.

MAKE UP WORKSHOP

Gemini team will demonstrate a make over, showing you hints and tips and how to get the best from your make up, we will advise on ingredients to look out for good and bad, the workshop you and your guests will receive a make over to suit your skin tones. **£30 per person**

SKINCARE WORKSHOP

Suffer with your skin, not sure what products to use, this workshop is a fantastic way to learn not only about the skincare industry but learn about good and bad ingredients currently being used in skincare products. You and your guests will receive skin health check using black UV light, digital moisture checker and a relaxing mini prescriptive facial. **£30 per person**

Gemini team love to get out and about,

Why not invite Gemini to your chosen event, for more details

call Gemini on 01922 684878 Email geminibeauty@btconnect.com